

# Deeksharambh

## Induction Programme for Batch 2025

		Session 1	Session 2	Session 3	Lunch	Session 4	Session 5	
Date & Day	7.30AM to 8.30AM	10.00AM to 10:45AM	11:00 AM to 11:45AM	12:00PM to 12:45PM	12:45 PM to 02:00 PM	02:00 PM to 02:45 PM	03:00PM to 03:45PM	3.45PM - 5.00PM
Monday; 14 <sup>th</sup> July, 2025		Inauguration			Lunch	ERP Mr. Goutham Nagaraja Student Support System at RUAS DSA	Safe Campus, Happy Campus Dr. Mamatha B. R., IAS, State Information Commissioner	Submission of documents/ Uploading of Anti Ragging Documents
Tuesday. 15 <sup>th</sup> July 2025		"Master your Mind through Heartfulness Practice" Heartfulness Institute	Green Dreams Priya Venkatesh, Founder, The Naturalist School	The Art of Staying Focused: How to Overcome Distractions Dr. Ali Khwaja, Founder, Banjara Academy		Universal Human Values (UHV) CPD		Submission of documents
Wednesday; 16th July 2025	Discovering Nature at Hebbal Lake The Naturalist School	"Master your Mind through Heartfulness Practice" Heartfulness Institute	Universal Human Values (UHV) CPD			Building Positive Relationships with Peers and Faculty Dr. Anapoorna Ravichander		Submission of documents
Thursday 17th July 2025	Discovering Nature at Hebbal Lake	"Master your Mind through Heartfulness Practice"	Universal Human Values (UHV) CPD			Dance and Create Your Story Pravaah, The Dance Club Coordinator:		Submission of documents

	The Naturalist School	Heartfulness Institute						
Friday 18 <sup>th</sup> July 2025		Visit to GG Campus Faculties/ Schools/Labs and Facilities/ Student Achievements/ Research Projects				Universal Human Values (UHV) CPD		Submission of documents
Monday 21 <sup>st</sup> July 2025	Discovering Nature at Hebbal Lake The Naturalist School	Sports Activities Sports Department	Universal Human Values (UHV) CPD			Your First Beat on the Campus Euphony. The Music Club	Social Responsibility: The Right Choice NSS, Rotaract and NCC	Submission of documents
Tuesday 22 <sup>nd</sup> July 2025	Discovering Nature at Hebbal Lake The Naturalist School	Healthy Eating Habits RUAS Fitness Club	Constitutional Obligations - Human Duties Ms. Ramya Prakash School of Law	Gender Sensitization and Prevention of Sexual Harassment Internal Complaints Committee		Universal Human Values (UHV) CPD		Submission of documents
23 <sup>rd</sup> July 2025 Wednesday		Visit to RT Campus Faculties/ Labs / Workshops/ Techno Centre/ Ramaiah SAT Ground Control Station/ Facilities/ Student achievements/ Research Projects					Submission of documents	
24 <sup>th</sup> July 2025 Thursday		Bengaluru Yatra Coordinators: Dayananda D.B.- 97408 69811/ G.M. Kumar- 98445 83455/ Kiran N.- 9738480897/ Bibi Hajeera -80880 95744/ Shivaraj- 97420 88713					Submission of documents	
25 <sup>th</sup> July 2025 Friday		Expressions Exhibition of Creativity Themes: Green Dreams, Gender Sensitization, Anti Ragging, Health for All					Submission of documents	
28 <sup>th</sup> July 2025 Monday	Discovering Nature at Hebbal Lake The Naturalist School	Power Hour MMA Club	Universal Human Values (UHV) CPD			You're Not Alone: Recognizing Stress, Anxiety & When to Seek Help Student Wellness Centre	Orientation to NEP  Dr Nayana Patil	Submission of documents

29 <sup>th</sup> July 2025 Tuesday	Discovering Nature at Hebbal Lake The Naturalist School	Yoga: A Healthy Lifestyle RUAS Fitness Club	Universal Human Values (UHV) CPD			Serve it up Lumieri- Fashion Club	Submission of documents
30 <sup>st</sup> July 2025	Discovering Nature at Hebbal Lake The Naturalist School	Yoga: A Healthy Lifestyle RUAS Fitness Club	The Start Up Society Dr. Sonali Gupta, Director, Centre for Entrepreneurship	Introduction to TEDxRUAS Mr. Rajeev Prasad		Prelude to Fresh Literary Voices Literary Club	Interactive session Arthabodha Club- Economics Club
31 <sup>st</sup> July 2025		Dance Fitness RUAS Fitness Club	Presentation by Centre for LEADS Dr. Subhadeep Mukherjee, FMC, RUAS	Debate Club Orientation RDC		Orientation on The Chess Club The Only Queens Chess Club	Submission of documents