

Ref. No. MSRUAS/Reg/Notif/COM/CWBC/2024-25/034

Date:29/05/2025

NOTIFICATION

COUNSELLING & WELL-BEING CELL

With an objective to address and help resolve emotional and psychological issues of the student community of RUAS, the University has initiated the "RUAS Counselling & Well-being Cell" with the help of a team of faculty members as Counselors. Through counselling sessions, the major aim is to help students become self-aware and reach their highest potential while dealing with anxiety and stress.

The Student Counselling Cell comprises of the following members:

Sl. No	Name	Designation	Role
1.	Dr. Anitha D S	Professor-School of Social Sciences	Chairperson
2.	Ms. Priya Arjun	Assistant Director - Student Affairs	Coordinator
3.	Dr. Lavanya R	Associate Professor, FDS	Member
4.	Dr. Judy Jays	Associate Professor & HOD, FPH	Member
5.	Mr. V. Nagendra	Associate Professor, FMC	Member
6.	Dr. Tushar Shaw	Assistant Professor & Head FLAHS	Member
7.	Dr. Jayahar Sivasubramanian	Assistant Professor & HOD FET	Member
8.	Dr. Sheetal Batakurki	Assistant Professor & Head FNS	Member
9.	Ms. Nagaveni K	Assistant Professor FAD)	Member
10.	Dr. S D Anitha Kumari	Professor FET	Member
11.	Mr. N Sreekanth	Assistant Professor & HOD FHMCT	Member
12.	Ms. Farhat Begum	Trainer, DTSLD	Member Secretary

Internal expert:

* Dr. Aruna L, Associate Prof.- School of Law - Legal Advisor



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External experts:

- Dr. Aditi Arun Roa, Faculty, Ramaiah Arts & Science College - Mental Health Counsellor
- Mr. Patrick Vaz, Managing Trustee, Arpita Foundation, Mental Health Expert

Mechanism to reach for counselling (for information to students):

- Student Counselling Centre will be functioning on every Tuesday (GG Campus) and every Friday (RT Campus) between 3-00 to 5-00 PM
- A prior appointment can be set with the counsellors by email communication (ruas.ssc@msruas.ac.in)
- In case of emergencies, students can contact the faculty counsellors. If he/she is unable to contact, students may contact respective HoDs/Dean for assistance.
- The tenure of the Committee is up to 31st May 2028.

The Committee is required to hold periodic meetings atleast once in quarter and submit the report to undersigned.

For M.S. Ramaiah University of Applied Sciences


Dr. G S Venkatesh Registrar
Registrar M.S. Ramaiah University of Applied Sciences
Bangalore - 560 054