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Recruitment of Manpower for ICMR Project
Project Technical Support Staff III

Job Description

Name of the Research Project, ID, start date and duration	**ICMR SMaRT Trial - [IIRPIG(NAG)-I-2026-01-0781-F2]** **Duration: 4 years** **December 1st 2026 (tentative)**
Reporting to: **Ramaiah Site Investigators**	**Dr V Sundar Kumar, Additional Professor, Physiotherapy** **Dr Santhosh K Devadass, Professor and Head, Medical Oncology**
Brief Description about the Research Project	The SMaRT Trial is a multi-centric [St John's Research Institute, M. S. Ramaiah Medical College Hospitals and CSIR-CFTRI, Mysore] intervention study evaluating the effects of a structured progressive resistance exercise and nutritional intervention on muscle health and functional outcomes among women receiving treatment for breast and gynaecological cancers. The study will assess changes in muscle strength, muscle mass, physical function, fatigue, quality of life and treatment-related outcomes, along with relevant biochemical/biomarker assessments.
Resource Requirement: - Job Title & No. required	**Project Technical Support Staff III** **Number required: One**
Roles and Responsibilities	• Screen and recruit eligible participants with breast or gynaecological cancer and coordinate study visits with the oncology team. • Conduct nutritional, anthropometric, dietary, muscle strength, muscle mass and physical function assessments; coordinate laboratory investigations and biological sample storage and handling as required. • Deliver protocol-based nutrition counselling, implement progressive resistance exercise, and assist with nutritional interventions, including protein supplementation. • Monitor participant adherence, follow-up, retention and treatment-related events. • Maintain study records and databases; assist with data verification, analysis and progress reports. • Ensure compliance with the study protocol, ethical requirements and confidentiality standards, and undertake research duties assigned by the Principal Investigator.
Education:	MSc Nutrition /Master of Physiotherapy. GATE/CSIR/-UGC NET or equivalent examination passed candidates will be preferred.
Preferred Language	English, Kannada, Telugu, Tamil, Hindi
Experience	Preference for candidates with • Prior exposure/training in oncology; delivering nutritional, exercise interventions and lifestyle management programs • Experience in conduct of intervention research

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Location	Ramaiah Medical College Hospital, Bengaluru, Karnataka
Employment status	Contractual, as per ICMR and institutional norms
Tentative Date of Joining	December 2026
Consolidated Remuneration	Rs. 28000 + 30 % (Rs 8400) HRA= Rs 36400 Per month Increment at 05 % after completing two years (subject to performance review)
Application Last Date	**21st November 2026.** Interviews in the week of 23rd – 27th November 2026
Mode of Application	Email • physiotherapy.rcp@msruas.ac.in • with cc to sundar.rcp@msruas.ac.in
Application Requirements	• A letter describing their experience and interest in this project • A curriculum vitae
Contact for Clarifications	Dr V Sundar Kumar 9739468755 [only by message, call on prior appointment]