

Faculty of Life and Allied Health Sciences  
Department: Allied Health Sciences

Organizes Hands-On Workshop on

**“Mastering RGP Lens Fitting & Binocular Vision Assessment”**  
on the occasion of World Optometry Day

World Optometry Day is observed annually on 23<sup>rd</sup> March to recognize the profession and its contribution to global eye health. It serves as an opportunity to raise awareness about the role of optometrists in providing primary eye care, preventing blindness, promoting and advocating vision health.

**Chief Guest**

**Dr. Samina Zamindar**

CMD

Zamindar Microsurgical Eye Centre  
Bengaluru

**Guest of Honour**

**Dr. Shalini Nooyi**

Principal & Dean

Ramaiah Medical College  
Bengaluru

**Guest**

**Dr. S. Ananth Bhandary**

Prof. & HOD, Dept of Ophthalmology

Ramaiah Medical College  
Bengaluru

**Convenors**

**Dr. Soma Chaki**

Dean, FLAHS

**Dr. Tushar Shaw**

HOD, Dept of AHS, FLAHS

**Mr. Avinash Prabhu**

Assistant Prof., Dept of AHS, FLAHS

**Organizing committee**

**Mr. Anush Nayak,**

Assistant Prof., Dept of AHS, FLAHS

**Mrs. Srividhya L**

Assistant Prof., Dept of AHS, FLAHS

26th March, 2025

**VENUE : MDP Room, Ground floor, FLAHS**

# Workshop Details

## RGP Lens Fitting Workshop

Speaker



**Ms. Payal Adhikari**

Consultant Optometrist,  
Contact lens specialist  
Narayana Nethralaya, Bengaluru

This workshop is open to 3rd-year students and interns, with a **maximum of 25 participants**. It includes hands-on practice to enhance their proficiency in RGP fitting. These practical skills are essential for managing patients requiring specialized contact lenses for conditions like keratoconus and irregular corneas. By the end of this workshop, participants will be able to:

- Demonstrate keratometry, TBUT, Schirmer's test, and ocular dimension measurements required for RGP fitting.
- Perform dynamic and static RGP fitting

## Binocular Vision Assessment Workshop

Speaker



**Mrs. Puja Sarbajna**

Consultant Optometrist,  
Vision and Behavioral Therapist  
Narayana Nethralaya, Bengaluru

This workshop is open to 3rd-year students and interns, with a **maximum of 25 participants**. It includes hands-on training to enhance their proficiency in assessing binocular vision anomalies. Combining theory and practice, it builds confidence in binocular vision assessments. By the end of this workshop, participants will be able to:

- Demonstrate accommodation and vergence assessments
- Complete binocular vision work up through hands-on practice.

**Last Date for  
Registration:  
15th March  
2025**

Registration Amount ₹ 750

Scan Here for Registration



## PROGRAMME SCHEDULE

Time	Details	Venue
9.30 am	Registration	MDP room,
10:00 am	Inaugural ceremony	G Floor, FLAHS
11:00 am	High Tea	
11:15 am to 1:00 pm & 2:00 pm to 4:00 pm	Workshop - RGP	1st Floor, ALC building
11:15 am to 1:00 pm & 2:00 pm to 4:00 pm	Workshop - BV	Seminar Hall,
1:00 pm to 2:00 pm	Lunch	2nd Floor, FLAHS
4:00 pm	Valedictory & High Tea	MDP room, G Floor, FLAHS

For any further queries kindly contact us:

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