



**RAMAIAH
UNIVERSITY**
OF APPLIED SCIENCES

RESPONSE TO COVID 19





Overview

As India joins the world in its battle against Covid19, we are faced with equal if not a more unpredictable future for us. The education system is going through an equally stressful as well as dynamic time, suddenly shifting gears from a conventional pedagogical system to an online culture.

During Covid19 as a relentless pandemonium, every responsible institution of higher learning is striving hard to reorganize its systems and strategies in order to meet the needs of its students and faculty, not only in their chosen fields of learning, but also to sustain a sense of mutual trust between the teacher and the taught by providing the best possible ambience for focused learning, in the middle of the pandemic that doesn't seem to declare an end date soon.

At RUAS, we have created and followed various Covid19 Safety Measures Protocols to ensure a safe environment for our staff and students. These proactive steps will assure that the university can open its gates to welcome the students back to the campus.

Vice Chancellor's Message to Students

Dr. Kuldeep Kumar Raina
Vice Chancellor, RUAS



I extend my warm and hearty welcome to the students of Ramaiah University of Applied Sciences (RUAS). The onset and outbreak of COVID19 resulting in a Pandemic has inflicted many challenges and uncertainties of unprecedented proportions. It is imperative that in times of such precarious conditions, vigilance, caution and consistent adherence to well thought medical advices are key to the good health and wellbeing of not only individuals but also to the society surrounding us.

The thought of "Society Before Self" emphasizes the overriding importance of responsibilities of individuals to the wellbeing of the Society. Implicit in it is the need for the individuals to first take care of their own health and wellness. A pragmatic and viable option to fulfill the duties and responsibilities of individuals is to adhere to the precautions and guidelines issued in the larger interest of public health and safety.

RUAS has been proactive in initiating a number of measures which are in conformity with the periodic guidelines and Standard Operating Procedures (SOPs) issued by Ministry of Home Affairs (MHA) and University Grants Commission (UGC) such as Social Distancing, Awareness On Wearing Masks and Sanitization, Thermal Screening, On Line mode of Instructions and staggered working hours for students/staff.

The success of any initiative hinges on how well it is followed through and how well it has been genuinely accepted/adopted by the stake holders. Therefore I request all our students to raise to this occasion of Global exigency by contributing their might by respecting and fully complying with all the measures that are in place predominantly for their welfare, health and safety. By being responsive to the social appeal and being responsible citizens, the student fraternity can serve a greater cause of preventing the spread of Corona virus not only within the University but also within the society we live in. Together we can work through the Challenging times with determination, devotion, dedication and discipline to overcome and conquer the Challenges posed by the Pandemic.

Stay Fit, Safe, Healthy, Cheerful and Forward Looking.

At RUAS, a rigorous experimentation began in the third week of March, with various remote teaching tools and platforms. The best online teaching pedagogy was tried in order to deliver effective online lessons, based on active learning approaches and to provide our learners with differentiated support and guidance. Some of measures that were adopted by the University to tackle the New Normal situation were:

- Prepared weekly schedules for online classes and conducted lectures online on various platforms like Microsoft Team, Google Meet, Zoom, etc. and made sure that the entire syllabus was completed.
- Shared study materials and audio files with students over the internet.
- Conducted online surveys to get feedback from the students regarding the efficacy of online classes and took corrective measures in case there was any issue faced by a student.
- Faculty members were available online during interactive sessions for students to clear their doubts.
- Faculty training was conducted to acquaint them with the usage of MS Team.
- Students were facilitated to take up online internship projects.
- Students were allowed to take up online (free of cost) courses from Coursera for Campus to complete their academic credits.
- Use of recorded classes as Massive Open Online Course (MOOCs).
- Online submission of assignments.
- Conducted online assessments.



Redesigned Learning Experience at RUAS During Covid 19



Beyond Academics

During pandemic, it is important for the students to maintain a balance between studies and activities and to keep themselves motivated by taking good care of their physical and mental health. To provide support to students in this regard, a series of online events were initiated by the University like:

A webinar series called Healthy at home for students:

- How to stay positive during Covid19?
- Diet and nutrition for health, immunity and wellbeing during Covid 19
- Mindfulness as a stress buster during Covid19
- Lifestyle activity and exercise during Covid 19

Online competitions for students to break the monotony of lockdown:

- Lockdown fitness challenge @ RUAS
- Hobbies –KUCH CORONA...
- Best Yoga performer competition.

Ramaiah University of Applied Sciences has worked on the execution of a unique health protocol against Covid-19 that permits the university to reopen and run smoothly, preventing its students from infection as well as protecting its staff.



Protective Measures Followed Inside the Campuses



Protocols for Staff and Visitors

- Mandatory to wear face mask while in the campus premises.
- Hand sanitization and Thermal Screening are compulsory before entry and exit.
- Social Distancing is followed across the campus.
- Floor Spacing markers in common areas across the campuses to maintain social distancing.
- Foot operated water dispensers to avoid contact.
- Foot operated soap dispensers in rest room
- Number of people in rest room at a given time is restricted to 5.
- All vendors (Canteen, Shops etc.) in the campuses to enable digital transaction.
- Disinfection and sanitization measures at regular interval throughout the day.



Protocols for Staff and Visitors



Disinfection Measures & Frequencies

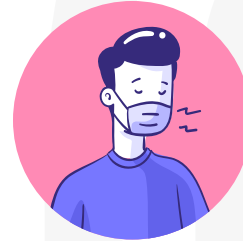
Type of Space, Transportation, or Object	Scope	Who's Responsible	Frequency
Office	Telephones, keyboards, desks, & other frequently touched objects	Housekeeping Staff	At the beginning of each day
Student facilities	Student centers, sports rooms, gymnasium etc.	Housekeeping Staff	Twice in a day
Mess and Cafeteria	All dining surfaces (i.e. table, chairs, and all other frequently touched objects), vending machines, dispensers, etc.	Mess Staff	Twice in a day
Classrooms, seminar halls, libraries & laboratories	Desk and chair surfaces, white board markers	Housekeeping Staff	Twice in a day
Washrooms	All objects and surfaces	Housekeeping Staff	Frequently throughout the day
University vehicles	Seat surfaces, rails, belts, door and window handles	Drivers	Throughout the day
Public spaces (e.g., lobbies, elevators, stairs)	Door handles, switches, faucets, toilets	Housekeeping Staff	Throughout the day

Disinfection Measures & Frequencies



Constitution of Action Cell for Health Awareness for COVID 19 for Staff for the Following Purpose

- Creating awareness towards the safety measures to be followed at the workplace.
- Sharing all Health Advisories related to Covid 19 issued by Government of India, WHO and UGC.
- Providing printed material like posters, banners etc. for general precautionary measures like
 - How to wear a face mask.
 - How to use a hand rub.
 - Social Distancing Norms.
 - Workplace Covid19 directives for staff.



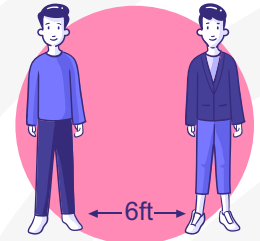
Wear a facemask



Clean your hands often



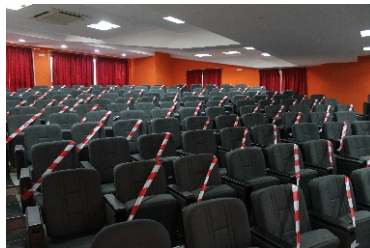
Clean and disinfect



Avoid close contact

Protocols to Welcome Students Back to the Campus

- Only one gate to be opened for entry and exit.
- Hand sanitization to be compulsory before entering the campus.
- Students and Faculty members to be temperature screened at the entrance.
- Class timings to be staggered into two sessions (Session 1: 8:30AM to 4:00 PM, Session 2: 11:30 AM to 6:00 PM) in order to avoid rush in common areas during breaks.
- Staggering of Lunch break in similar manner.
- Classes to be conducted with longer schedules to avoid frequent changes and movement.
- RUAS COVID SQUAD with two members from each faculty and one from Student Affairs and one from Administration Department.
- Social Distancing to be followed across the campus. COVID Squad will enforce social distancing in the campus.
- Seat arrangement in classroom with minimum distance of 4 feet between chairs.
- Constituted Covid 19 Student Grievance Cell as per UGC Directive - COVID-19 - Advisory to address and resolve any problem faced by students during the pandemic
- Classroom furniture to be spray sanitized twice a day.
- Emergency vehicle to be available 24X7



- Everyone is required to submit a self-declaration form stating his/her health condition and travel history of self and family members before re-entry to the campus.
- Thermal screening to be done at the entrance when the student gets back to the hostel during break or at the end of the day.
- Permission from the concerned Residential Warden to be taken for exiting and re-entering the campus.
- Social distancing to be ensured in all the common areas by the Residential Wardens.
- All common areas like Reception, Staircase & Railing, Corridors, Entertainment Areas, and Doors & Windows to be disinfected at least two times a day.
- Compulsory attendance before 09:30 AM at the entrance of hostel block every day to ensure the student is safe and healthy.
- Non-residents and visitors will be not be allowed to enter the hostel premises till further notice.
- All boarders in the hostel have to mandatorily wear face masks when they leave their room.
- Necessary equipment and medical kit will be available at the Hostel Office.
- A separate room equipped with the necessary infrastructure for isolation purposes.
- General Medical Practitioner consultation available in the hostel from Monday to Friday between 1:15PM to 2:15PM, in case of ill health.
- In case any student is not well (with symptoms like fever, cough, cold and breathlessness), the Residential Wardens will immediately report it to the Warden.



Standard Operational Procedures for Hostel

Warden's Action Points



- Arrange for a doctor to see the student.
- Arrange to shift the student to the nearest hospital in an ambulance.
- Inform the parents / local guardian of the student.
- Report the incident to Director- Student Affairs.
- Follow up with hospital to know the well-being of the student.
- Hostel Warden to ensure that all protocol measures are strictly implemented and necessary discipline/order is maintained.

Relevant Do's and Don'ts Displayed at Prominent Places in Each Floor of the Hostel

Do's	Don'ts
Undergo temperature check daily at the hostel exit.	Day scholars will not be allowed inside the hostel building.
Use sanitizer/ hand wash frequently.	No get-togethers, moving in groups or visiting others room in the hostel till further notice.
Mandatory to wear face mask while in hostel common areas.	Not to leave the campus unless it is an emergency.
To follow social distancing and practice good hygiene habits as per general awareness notice put on the ground floor of hostel building.	Visitors will not be allowed till further notice.



Relevant Do's and Don'ts Displayed at Prominent Places in Each Floor of the Hostel

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**DON'T FEEL WELL?
STAY HOME WHEN YOU ARE SICK**

Tell your mom, dad, or caregiver before you come to school. Tell your teacher or an adult if you become sick at school.

cough Shortness of breath or problem breathing chills

sore throat loss of taste or smell muscle pain

OTHER SYMPTOMS INCLUDE:

fever, runny nose, diarrhea, feeling nauseous or vomiting, feeling tired, headache, and poor appetite

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Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:

Cough, shortness of breath or difficulty breathing

Fever or chills Headache or body aches

Vomiting or diarrhea New loss of taste or smell

Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if someone has Emergency Warning Signs of COVID-19:

- Trouble breathing
- Persistent pain or pressure in the chest
- Abnormal heart rates
- Persistent bluish or gray color to the lips or face
- Persistent dizziness or confusion
- Persistent loss of consciousness
- Persistent vomiting or diarrhea
- Persistent fever or chills
- Persistent headache or body aches
- Persistent loss of taste or smell
- Persistent loss of consciousness
- Persistent loss of consciousness

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Protective measures against Coronavirus

A distance of at least 1 meter is necessary to ensure safety for all

Wash your hands with soap and water regularly

If soap and water is not available, use hand sanitizer with at least 60% alcohol

Wash hands before touching eyes, nose and mouth

Throw used tissues into closed bins immediately after use

Cover your nose and mouth with handkerchief/ tissue while sneezing and coughing

Avoid mass gathering and crowded places

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How to Handrub?

RUB HANDS FOR HAND HYGIENE! WASH HANDS WHEN VISIBLY SOILED

Duration of the entire procedure: 30-35 seconds

1a 1b

Apply a palmful of the product in a cupped 'hand, covering all surfaces;

2 3 4

5 6 7

8

0 to 10 sec. Handrub time

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BACK-TO-COLLEGE TIPS

Protect Yourself from COVID-19

6 ft Watch your distance

Stay at least 6 feet apart from others, when possible

Wash your hands or use hand sanitizer with at least 60% alcohol

Wear a mask in public spaces and common areas

DORM

- Avoid sharing items with roommates or others.
- If you do, clean and disinfect before sharing.

SHARED BATHROOM

- Avoid placing toiletries directly on counter surface.
- The bins for personal items in dorms contain other surfaces in the bathroom.

CLASSROOM

- Small lecture halls or lecture rooms for educational needs.
- Wipe down your backpack or schoolbag before use.
- Stay away or reach to create physical distance between other students.
- Avoid placing your personal items in lockers or lockers in your room.

DINING HALL & MEALS

- Avoid sharing food, drink, utensils or other items with people.
- Pick up your waste or trash for disposal.
- Avoid sharing and use of common dishes.

LAUNDRY ROOM

- Clean and disinfect surfaces that others have touched (e.g., buttons on the washing machines).
- Wash laundry in separate appropriate water setting for the fabric.

BEFORE YOU GO OUT, TAKE THE FOLLOWING:

- Mask
- Tissues
- Hand sanitizer
- Disposable cloth wipes (if possible)

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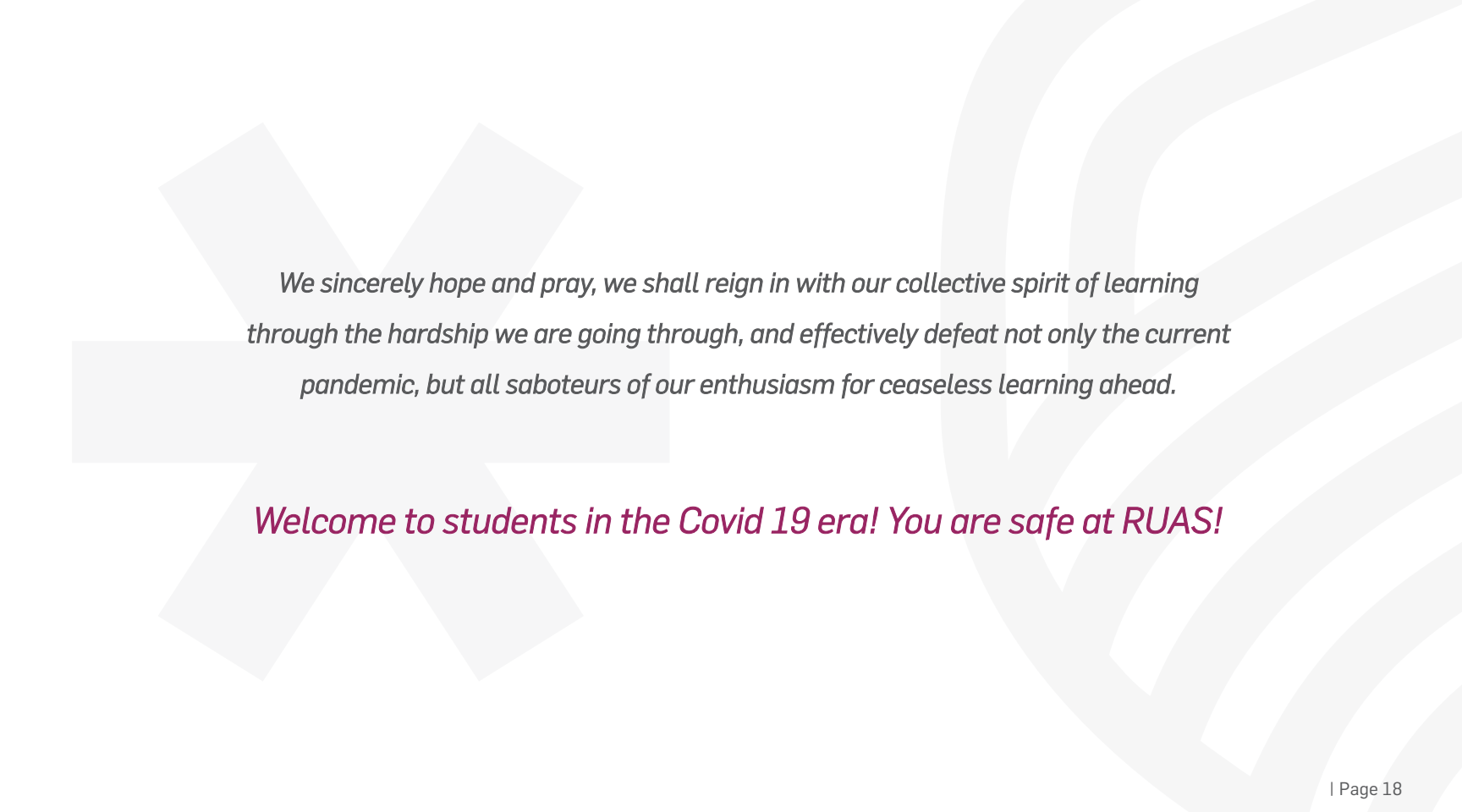


Standard Operational Procedures for Mess

- Dining Hall to be thoroughly sanitized viz entrance, staircases, railing, tables, chairs, serving counters at least four times in a day to ensure proper hygiene and cleanliness.
- All mess staff to mandatorily wear face masks, caps, gloves and clean aprons and frequently wash their hands with soap Educate the mess staff regarding social distance and hygiene.
- Social distance and hygiene pictures in the notice board.
- Thermal screening / temperature check for mess staff daily.
- Option for students to bring their own lunch box for take-away meal and eat in hostel room.
- Batches timing to be displayed at the entrance of the hostel mess and in the hostel block.
- The menu will be modified to include more hot served food items.
- Disposable cups to be used for water dispensers.
- Students to maintain at least six feet distance at the serving counter and dining table.

Standard Operational Procedures for Mess





We sincerely hope and pray, we shall reign in with our collective spirit of learning through the hardship we are going through, and effectively defeat not only the current pandemic, but all saboteurs of our enthusiasm for ceaseless learning ahead.

Welcome to students in the Covid 19 era! You are safe at RUAS!

THANK YOU...!



www.msruas.ac.in

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